

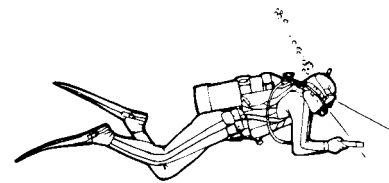


PADI Navigation Specialty

One of the biggest issues we have after being certified is working out where we are underwater. This can actually take the enjoyment out of a dive, because you are constantly wondering, “where am I, am I lost”. This is easy to overcome, because navigation is not hard, if you receive some basic training in navigational techniques.

The aim of this program is to:

1. Develop your practical knowledge of underwater navigation
2. To enable you to enjoy your diving using navigational skills
3. To increase your diving confidence, by taking the stress out of being able to navigate while you're enjoying your dive.



Navigation is a practical skill, so we take you for **one day** to the water, brief you prior to each dive on the skills you will need to acquire, then get you into the water doing them. There are a total of three navigation dives, so by the end of the day, you will surprise yourself with your new found diving skills, as well as your added comfort in the water.

This course is ideal for newly certified divers, or divers who are sick of getting lost. You will obviously need dive gear and a compass, hire gear is available at reasonable rates.



Dive #1

- ✓ Dive brief
- ✓ Measuring distance by “kick cycles”
- ✓ Compass use—reciprocal swim
- ✓ Surface and u/w compass use
- ✓ Introduction to navigating squares
- ✓ Exit, discuss & log dive.

Dive #2

- ✓ Dive brief
- ✓ Navigating squares & hollow U's
- ✓ Fixing an underwater feature at the surface for relocation
- ✓ Exit, discuss & log dive

Dive #3

- ✓ Dive brief
- ✓ Underwater orienteering exercise.
- ✓ Draw a map of underwater area.
- ✓ Exit, discuss & debrief

Course Inclusions:

- * All training
- * PADI Navigation Manual
- * PADI Specialty Certificate & C Card
- * 2nd cylinder included

You need to supply:

- * Your own dive gear, hire available at \$50
- * Transport to dive site
- * Air fill at dive site if required
- * One free day to complete the program

Cost of the program:

\$165 for non Team Members
\$150 for Frog Dive Team Members

To book, fill out application on back with \$50 deposit.





FROG DIVE SCUBA CENTRES TRAINING APPLICATION

Please fill out this form to book on your PADI Navigation programme as outlined in this information brochure.

Name.....

Address.....

.....Postcode.....

☎ Home (.....).....Work (.....).....

☎ Mobile.....Fax.....

Please tick the programmes you wish to participate in:

- PADI Navigation course \$165.00
- PADI Navigation course for Frog Dive Team member \$150.00
- You need a current medical (not more than 12 months old)
- Please attach 2 passport size photos with your name on the back

I have enclosed a \$50.00 non refundable deposit for the programme, please supply:

- PADI Navigation Manual



Card No _____ Expires _____ Sign _____

FROG DIVE SCUBA CENTRES

539 Willoughby Road Willoughby 2067 Ph 9958.5699 Fax 9958.4330

395 Guildford Road Guildford 2161 Ph 9892.3422 Fax 9892.3662

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