



PADI Deep Diver Specialty

The PADI Deep Diver program is intended to serve as a safe, supervised introduction to deeper diving within the limits of recreational diving. The program will familiarize you with the skills, knowledge, planning, organisation, procedures, techniques, problems, hazards, and enjoyment of diving between depths of 18m to 39.5m.

You will conduct dives from 24m to 39m from our boat Omega 2 off Sydney.

Divers wishing to participate in this program must:

- PADI Advanced certification or equivalent
- Have a current medical
- Sign a PADI Waiver & Release form

You will need: Mask, snorkel, fins & boots; Appropriate insulation; Dive cylinder; BCD; Regulator with alternate air source and bottom timer; 2 torches; Knife; Whistle; Surface Marker Buoy; Slate & pencil; and dive reel.

Nice to have a Sling cylinder

Course Format

Two Academic Sessions

- ◆ Course Overview
- ◆ Deep diving activities & objectives
- ◆ Definition of deep diving and depth limits
- ◆ Deep diving equipment
- ◆ Deep diving techniques
- ◆ Nitrogen narcosis
- ◆ Decompression sickness
- ◆ Flying after diving, driving through mountains etc
- ◆ Recreational dive planner review
- ◆ Course Summary

Saturday Dive #1

- ✓ Recommended depth 30m
- ✓ Perform timed task
- ✓ Compare depth gauge readings
- ✓ SBR

Saturday Dive #2

- ✓ Recommended depth 24m
- ✓ Visual line descent
- ✓ Observe pressure affected objects
- ✓ Navigate away from and back to reference line
- ✓ SBR

Sunday Dive #3

- ✚ Recommended depth 30m to 39m
- ✚ Observe loss of colour at depth
- ✚ Physical tasks
- ✚ SBR
- ✚ **Simulated** 8 minute deco at 5m

Sunday Dive #4

- ✓ Recommended depth 30m
- ✓ SBR
- ✓ Underwater tour





FROG DIVE SCUBA CENTRES TRAINING APPLICATION

Please fill out this form to book on your PADI Deep & Wreck programme as outlined in this information brochure.

Name.....

Address.....

.....Postcode.....

☎ Home (.....).....Work (.....).....

☎ Mobile.....Fax.....

Please tick the programme you wish to participate in:

- The PADI Deep & Wreck course \$695.00 Team \$750 others
- PADI Deep Diver or Wreck only \$395.00 Team \$425 others
- TDI Nitrox Program \$200.00

- You need a current medical (not more than 12 months old)
- Please attach four passport size photos with your name on the back
- Please show proof of your deeper diving/wreck experience

I have enclosed a \$100.00 non refundable deposit for the programme, please supply:

- PADI Deep Diver Manual
- PADI Wreck Manual
- TDI Nitrox Manual if doing Nitrox

Option



Card No _____ Expires _____ Sign _____

FROG DIVE SCUBA CENTRES

539 Willoughby Road Willoughby 2067 Ph 9958.5699 Fax 9958.4330

395 Guildford Road Guildford 2161 Ph 9892.3422 Fax 9892.3662

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