



# PADI Rescue Diver Course

This is probably one of the least thought of but most enjoyed programmes that we offer. The programme involves a couple of nights during the week and one weekend in Sydney.

The evenings are discussion sessions, but the weekend practical is where you learn to be a Rescue Diver. So you can expect to spend a lot of your weekend in the water performing rescue skills. Oh, and don't trust anyone at the dive site, because they might just become your next victim when you least expect it.

If you are not CPR qualified, let us know and we will add an extra night for CPR training.

Rescue is your pre requisite for Divemaster training.



## Evening Discussions

The Rescue Diver course commences on a Tuesday evening at 6:30pm. Over the Tuesday and Wednesday evenings you will cover:

Self Rescue & Diver Stress \* Diving First Aid \* Emergency Management \* Equipment Considerations

## Saturday Dives:

The practical training today involves:

- ⊙ Water Skills Review
- ⊙ EAR & CPR Review
- ⊙ Self Rescue
- ⊙ Diver Assists
- ⊙ Diver Rescues

## Sunday Dives:

- ⊙ Rescue skills rehearsals
- ⊙ Accident Management.

## Course inclusions:

1. PADI Rescue Diver Crew Pack
2. All training and certification costs
3. One hell of an experience with OUTSTANDING instructors.

For Scuba Excitement

Frog Dive Scuba Centres



## What do I bring:

1. Your own dive gear including a compass and slate
2. Your own transport to the beach
3. A current medical and two passport photos
4. A current CPR certificate, (we can arrange on request)
5. A sense of adventure

**Course fee is \$395.00**

**Dive Team Members \$375.00**

To book, fill out application on back with \$50 deposit.

## CPR Training

This training is completed over one evening. The cost for this training is \$175





# FROG DIVE SCUBA CENTRES TRAINING APPLICATION

Please fill out this form to book on your PADI Rescue Diver programme as outlined in this information brochure.

Name.....

Address.....

.....Postcode.....

☎ Home (.....).....Work (.....).....

& Mobile.....Fax.....

Please ensure you have:

- A current medical (not more than 12 months old)
- 2 passport size photos with your name on the back
- I need to qualify in CPR and wish to do the evening with Frog Dive @ \$
- After this course I am interested in: Divemaster / Deep/ Wreck / Digital Camera Skills/ Naturalist / Dry Suit / Nitrox courses. Please circle your interest.

I have enclosed a \$50.00 non refundable deposit for the programme, please supply:

My Rescue Diver Crew Pack with Emergency slate



Card No \_\_\_\_\_ Expires \_\_\_\_\_ Sign \_\_\_\_\_

## FROG DIVE SCUBA CENTRES

539 Willoughby Road Willoughby 2067 Ph 9958.5699 Fax 9958.4330  
395 Guildford Road Guildford 2161 Ph 9892.3422 Fax 9892.3662

*"One jump ahead"*



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