



# GoPro Information Package 2010



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first response

## Welcome

Welcome to an exciting range of



professional development programs for the recreational scuba diving industry.

At Frog Dive, we provide the highest quality instructor level training courses for PADI, EFR and DAN programs.

Our focus is to prepare you to become a great dive instructor. We will work with you to ready yourself for a career as a recreational diving instructor, whether it be full time or part time.

## Frog Dive



The Frog Dive SCUBA Centres are Sydney's most progressive Diver retail and scuba training centres. We commenced

business in 1978 and now have two convenient dive centres in Sydney.

- Sydney North at Willoughby
- Sydney West at Guildford

Frog Dive has purpose built diver training centres with ON-SITE HEATED diver training pools. Each centre has a large retail area, with separate training rooms, which are adjacent to the pool. As soon as you confirm your place on a Frog Dive PADI IDC you're welcome to use our pool at your convenience to prepare.

Frog Dive offers both recreational and technical training diver training. Both centres have extensive service facilities where your dive equipment is maintained by qualified life support technicians. The Willoughby centre has a hydrostatic testing station on site.

Both centres have a modern hire department, with complete, well-serviced equipment. Computers are available, as are underwater scooters.

## Go Pro with PADI

There are five simple steps to becoming a PADI Professional.

### **Step 1: PADI Divemaster**

Our PADI Divemaster Course will introduce you to the all aspects of dive supervision and leadership, for both certified divers and divers-in-training.

### **Step 2: EFR Instructor**

New PADI Instructors need to be first aid/CPR Instructors before final certification. The EFR Instructor program is a great choice to meet this requirement and can be completed anytime before or after the IDC.

### **Step 3: PADI IDC Online**

Your pre-study involves undertaking a series of PADI eLearning modules prior to the IDC. These modules will prepare you for the hands on exercises during the IDC and life as an instructor!

### **Step 4: PADI IDC**

The PADI IDC seeks to develop a complete instructor who can teach a range of courses from beginner to Divemaster. The program prepares you for the real world, with an introduction to business, risk management and related topics.

### **Step 5: Instructor Exam**

Upon successfully completing the IDC, you are ready to attend a PADI Instructor Exam (IE). After successfully completing the IE, and showing evidence of certification as an instructor in CPR & first aid, you will

be certified as a PADI Open Water Scuba Instructor – the most sought after qualification in the dive industry.

## After Your IDC

Becoming an Open Water Scuba Instructor is the necessary first step, but instructors who develop further skills and can teach a wider range of courses are more sought after, and have more variety in their teaching.

We provide a full range of instructor continuing education. Many of the programs are described later in this information pack.

## Your Go Pro Team

The following is our dedicated team of instructors and personnel who will work closely with you as you become a dive professional.

### **Des Paroz - Course Director**

Des has been teaching diving since 1996, and has come to be regarded as a professional educator with a passion for diving.

A PADI Course Director, Des also holds Instructor Trainer ratings withEFR, DAN and PADI TecRec. He holds more than 20 PADI Specialty Instructor Trainer ratings.

Des has extensive experience in management, marketing and customer service, and holds a Master of Commerce in Marketing and a Bachelor of Economics degree, as well as a Diploma in Outdoor Recreation and a Certificate IV in Training & Assessment.



### **Dennis McHugh**

Manager of Frog Dive Willoughby - Dennis first joined Frog Dive in 1987, worked in scuba wholesale during 93/94 before returning to manage Frog Dive Willoughby.

Dennis is quite a personality within Frog Dive, and has earned a reputation as a very knowledgeable and competent diving retailer.

### **John Warner**

John is the Assistant Manager & Service Technician at Frog Dive Willoughby. He started in that position in 1994, travelled overseas during 1998/1999 and now is back.

John is a NAUI Master Instructor, a PADI Master Scuba Diver Trainer with 18 specialties and a TDI Nitrox, Adv Eanx, Advanced Deep Wreck & Blending Technician.

### **Luke Downie**

Luke began working for Frog Dive in August 1986. Luke has dived extensively overseas including many trips to the Solomons, New Guinea, Vanuatu, Tahiti, Fiji and has also been to Heron Island, Lady Elliot and many of the reefs in the Capricorn Bunker group.

### **Graham Selleck**

Graham became a divemaster in 1988 and began instructing for Frog Dive in 1991. He was lured into working fulltime for Frog Dive in 1997 with the promise of an extravagant lifestyle.

### **Bob Holloway**

Bob is a PADI IDC Staff Instructor, and is instrumental in developing PADI Professionals at Frog Dive Willoughby. Apart from his work on your PADI IDC, Bob is a key mentor to new instructors at Willoughby.

## PADI Divemaster Course

The PADI Divemaster Course is the gateway to becoming a recreational diving professional, and as such sets the foundation for your development as a dive professional.

The PADI Divemaster Course is an important step in the development of your diving skills and knowledge and is designed to prepare you for taking additional responsibility with other divers, in training or non-training activities. By the completion of the PADI Divemaster Course, you will have *instructor level* diving skills and understanding of diving theory.

The course expands the problem solving skills developed during the PADI Rescue Diver program, from accident management and prevention scenarios to supervisory situations with student divers and certified divers. At the Divemaster level, problem solving emphasises looking for as many possible solutions under the circumstances and choosing the best of several. Divemaster problem solving may include more than safety-related issues, and includes handling customer service, business and operational challenges.

### Prerequisites

To qualify to enter the PADI Divemaster course, an individual must:

1. Be certified as a PADI Advanced Open Water Diver or have a qualifying certification.
2. Be certified as a PADI Rescue Diver or have a qualifying certification.
3. Have completed and logged at least 20 dives.
4. Be at least 18 years old at the start of PADI Divemaster training.
5. Submit, to the instructor, medical clearance for diving signed by a

physician, attesting to fitness to dive. The medical clearance must be current within the previous 12 months.

6. Submit proof of Emergency First Response Primary Care (CPR) and Secondary Care (First Aid) training (or other qualifying CPR/first aid training) within the last 24 months.

### Materials

The following materials are included in the Divemaster Crew Pack that is supplied as part of your PADI Divemaster Course.

- PADI Divemaster Manual
- PADI Instructor Manual
- Divemaster Slates
- Instructor Guides for programs PADI Divemasters may conduct: a. Discover Scuba Diving; b. Discover Snorkeling /Skin Diver Course; and, c. Scuba Review/Discover Local Diving

The following materials are also required for all Divemaster candidates:

- RDP – table and eRDP<sub>ML</sub> (including associated Instructions for Use booklets)
- The Encyclopedia of Recreational
- Diving
- Diving Knowledge Workbook

We recommend you have a personal copy of the PADI Divemaster Video for your reference.

## The PADI IDC

The PADI Instructor Development Course (IDC) consists of two separate sub-courses – the PADI Assistant Instructor (AI) Course and the PADI Open Water Scuba Instructor (OWSI) Program.

Prior to commencing your PADI IDC (or AI Course) at Frog Dive, you'll undertake PADI's *IDC Online* eLearning, which will provide foundational information for becoming an instructor. Having completed this knowledge development independently will allow us to spend more time in practical application during the IDC.

The first part of the PADI IDC is the *AI Course*, in which you gain an understanding of the fundamentals of instruction for knowledge development, confined water and open water. After completing the AI Course, you'll be qualified to conduct several programs independently, and also serve as a more qualified instructional assistant in other programs.

Having completed the AI Course, you're ready to move into the *OWSI Program*. Here, you'll further refine your teaching skills, and learn how to apply those skills in the full range of programs that a PADI Open Water Scuba Instructor can teach.

You'll be introduced to topics on PADI standards and procedures, business aspects of diving, risk management and other areas that will assist in your preparation for becoming a professional dive instructor.

Many of our candidates choose to tackle the AI Course and the OWSI Program as single program – the PADI IDC. We structure our Instructor

Development Courses to allow either approach, allowing you to become an instructor at your own pace.

We schedule our PADI Instructor Development Courses over 7 days to give you the chance to learn at a comfortable pace, and to practice as much as possible.

### **\*\*BONUS: Underwater Naturalist Specialty Instructor Course**

Complete the PADI IDC at Frog Dive and you will also complete the PADI Underwater Naturalist Specialty Instructor Course for no extra charge. This will give you an additional qualification once you successfully complete your IE.

With this rating, you'll be able to teach the PADI Underwater Naturalist Specialty, which features an exciting new manual. You'll be more confident in your ability to work with your students on all courses as they get to know the creatures they interact with during their underwater adventures.

After completing the PADI IDC (and showing proof of 100 logged dives), you are ready to attend the PADI Instructor Exam. Conducted by PADI, this 2 day program ensures that you have all the knowledge and skills to begin teaching people to dive.

Generally, our IDCs are scheduled to coincide with a PADI IE in Sydney, although you may choose to attend any PADI IE, anywhere in the world, that suits your personal schedule.

*The cost of attending the PADI IE is an additional fee, payable directly to PADI.*

Once you successfully complete the IE and provide evidence of your certification as a CPR/first aid instructor, your paperwork will be processed by PADI and you'll be certified as an Open Water Scuba Instructor.

## **IDC Prerequisites**

### **IDC/AI Course**

1. Dive Leader certification - PADI Divemaster or leadership level certification.
2. 18 years old.
3. Medical Statement attesting to dive fitness signed by a physician within the previous 12 months.
4. Certified diver for 6 months
5. EFR Primary & Secondary Care course completion (or qualifying training) within the last 24 months.
6. If not a PADI Divemaster, complete the PADI Divemaster Course rescue skills assessment.
7. Submit documentation of qualifying certifications for entry level, advanced, rescue & leadership level, as necessary.

### **OWSI Program**

1. Meet all IDC/AI Course Prerequisites
2. PADI AI or current instructor member in good standing with a recognised recreational diver training organization for at least 6 months.

### **Certification as an OWSI**

Prior to certification as an Open Water Scuba Instructor, you'll need to provide a copy of your certification as an *Instructor* of first aid and CPR. If you aren't yet an instructor of first aid/CPR, we offer the Emergency First Response (EFR) Instructor Course.

## **Preparing for Your IDC**

Candidates should confirm their IDC as early as possible. Upon receipt of your deposit our Course Director will be in touch to begin your preparation for the IDC.

You'll be provided with you eLearning Access Pass for PADI's IDC Online. We suggest you complete these modules early!

You'll be subscribed to an email list for your IDC. Your Course Director & fellow candidates will be the other members. Prior to and during the IDC, you'll can ask questions, get to know your colleagues and educators and keep up to date on logistics.

## **Materials**

You'll want to have the various tools that you'll use to teach the PADI programs you'll conduct as an instructor. These materials are not included in our course fees as you may have many already.

Frog Dive can supply any required materials at the PADI Members Price. Please see our *Required & Recommended Materials List*.

## **Schedule Options**

We cater to a variety of schedules.

Our **fulltime programs** are run over 7 days. This schedule suits those who want to get the course completed in a timely manner, and allows them to take only one week off work.

Our **part-time programs** run over one Friday plus three weekends. This schedule suits those who wish to work at a comfortable pace, and who wish to have minimal time away from work. See our course schedule for more details.

## EFR Instructor Course

Emergency First Response (EFR) is a specialized organization that provides



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progressive training programs in the area of first aid and CPR.

As an EFR Instructor you'll be able to teach programs that have been designed for the layperson:

- EFR Primary Care (CPR)
- EFR Secondary Care (first aid)
- EFR Care for Children
- EFR CPR&AED

These programs are perfect for the layperson who wants to gain a knowledge of CPR & first aid skills in a low stress environment.

- **EFR Primary & Secondary Care** allow you to provide a one-stop shop for your PADI Rescue & Divemaster students.
- **EFR Care for Children** is great for people who wish to gain an understanding of vital first aid and CPR skills for infants and children.

All EFR Courses have the option to incorporate the usage of an AED. Defibrillation is a vital link in the chain of survival for someone who suffers a cardiac arrest.

The EFR Instructor Course takes 2 days, and is conducted regularly throughout the year. To become an EFR Instructor, you need to be at least 18 years of age, and have completed recognized training in adult and child/infant CPR and first aid within the past 2 years.

### **\*\*BONUS: Emergency Oxygen Provider Specialty Instructor Course\***

Candidates who complete both a PADI IDC and an EFR Instructor Course at Frog Dive will receive a FREE PADI Emergency Oxygen Provider Specialty Instructor Course\*.

Provision of oxygen is one of the most vital parts of the first aid for an injured diver. The PADI Emergency Oxygen Provider course is an excellent way train divers to do this, and will allow you to add value to your courses.

*\* PADI Specialty Instructor Application Fee is not included*

## EFR First Aid at Work Instructor Course

The EFR First Aid at Work program is Nationally Recognised Training that meets requirements for workplace first aid. Taught by certified EFR First Aid at Work Instructors through PADI Asia Pacific's RTO, participants receive a Statement of Attainment for the Nationally Recognised Unit of Competence HLTF301B: Apply First Aid.

To become an EFR First Aid at Work Instructor, you need to be an EFR Instructor, and undertake an additional program to become familiar with the requirements and additional knowledge and skills that are part of the EFR First Aid at Work course.

Every PADI Instructor should expand their qualifications by gaining EFR Instructor ratings.

## After Your IDC

The PADI IDC (AI Course and OWSI Program) prepares you to become a great instructor. To be the best dive professional, we offer you ongoing support and a range of additional programs to expand your skills.

We encourage you to be the best dive instructor you can by gaining additional qualifications. This way, you'll be a great asset to any dive operation.

We encourage you to consider gaining some or all of the following:

- Specialty Instructor Training Courses
  - Deep Diver
  - Digital Underwater Photographer
  - Emergency Oxygen Provider
  - Enriched Air Diver
  - Equipment Specialist
  - Fish Identification
  - Underwater Naturalist
  - Wreck Diver
  - Many more
- MSDT Preparation
- IDC Staff Instructor
- Business of Diving

### ***Deep and Enriched Air Offer***

The two most popular specialties undertaken by PADI Divers are Enriched Air Diver and Deep Diver. Undertake these two courses on a combined basis, and you'll also receive a free DSAT Gas Blender (Enriched Air) course.

This combination of programs gives you vital skills to teach Enriched Air in recreational diving, and to blend the gases required. The DSAT Gas Blender certification will make you more employable in the dive industry.

## Career Counseling

Gaining a PADI Professional certification is one part of the process, but another important part is to gain the type of work – fulltime or parttime – that you seek in the dive industry.

Your Course Director and the Go Pro Team are here to support you in an ongoing capacity. We offer free support for our graduates in such areas as

- Resume review and advice
- Job placement assistance using the PADI Employment Board and our own network

You can arrange an appointment with our Course Director to discuss your career goals.

## IDC Required & Recommended Materials List

### Required Materials

- PADI *Instructor Manual*
- *PADI's Guide to Teaching* \*
- PADI Specialty Course Instructor Manual \*, or these specialty course instructor guides - Peak Performance Buoyancy, Project AWARE, AWARE – Coral Reef Conservation
- PADI *Open Water Diver Manual*
- RDP – RDP Table and eRDP<sub>ML</sub>, including Instructions for Use booklets
- *How to Use and Choose Dive Computers* book
- Open Water Diver Quizzes & Exams booklet \*
- *Adventures in Diving Manual*
- PADI *Rescue Diver Manual*
- *Rescue Diver Exams* booklet \*
- PADI *Divemaster Manual*
- *Divemaster Final Exams* booklet \*
- Aquatic Cue Cards for Open Water Diver, Adventures in Diving, Rescue Diver, and Discover Scuba Diving \*
- PADI Divemaster slates
- Confined Water Lesson Preparation Slate \*
- Open Water Training Dive Lesson Planning Slate \*
- *Encyclopedia of Recreational Diving*
- *Diving Knowledge Workbook* or eRecord for Dive Theory Online

We recommend that candidates purchase the Instructor Development Crew Pack, which includes the items marked with a “\*”, together with a PADI backpack.

Please ensure you have *current* versions of the required materials.

### Recommended Materials

- All PADI professional videos
- All PADI diver videos
- PADI Specialty Diver Manuals
- *The Law and the Diving Professional*
- *The Best of the Undersea Journal*
- *The Business of Diving*
- *Children and Scuba Diving: A Resource Guide for Instructors and Parents*
- Nav-Finder
- Open Water Diver Course Lesson Guides (standard and prescriptive)
- Rescue Diver Course Lesson Guides (standard and prescriptive)
- Divemaster Course Lesson Guides
- Discover Scuba Diving Flip Chart
- *Scuba Tune-Up guidebook*
- Skill Evaluation Slate
- PADI Career Advancement Series materials
- Adventure Log – Pro Modules
- A.W.A.R.E. – *Our World, Our Water Manual*
- Ten Ways a Diver Can Help to Protect the Aquatic Realm brochure
- *Discover the Underwater World* video and *The Snorkeler's Field Guide*
- PADI Pro Log Book

Lesson Guides, where available, will be on hand for your use during the IDC.

### Obtaining Materials

Candidates who are current PADI members may order the materials directly from PADI by contacting the PADI Asia Pacific sales team.

Alternatively, we are happy to provide any required or recommended materials at current Member prices.

## Sample IDC Schedule

### AI Course

#### Day 1

- Course Orientation
- **Skill Evaluation Circuit**
- Teaching in Confined Water
- **Confined Water Presentation #1**
- **Confined Water Presentation #2**

#### Day 2

- Developing Knowledge Development Presentations
- **Knowledge Development Presentation #1**
- *4E's Counselling Workshop #1*
- Conducting Open Water Training Dives

#### Day 3

- **Open Water Presentation #1**
- *Rescue Diver Workshop*
- **PADI Systems, Standards & Procedures Exam**
- Project AWARE Course
- **Knowledge Development Presentation #2**

### OWSI Program

#### Day 4 – Saturday.

- PADI OW Diver Course
- General Standards & Procedures
- **Dive Theory Exam**
- Adventures in Diving Program
- Risk Management
- **Dive Theory Exam**

#### Day 5 – Sunday

- **800m Snorkel Swim**
- Rescue Diver Course
- **Confined Water Presentation #3**
- **Confined Water Presentation #4**
- Divemaster Course
- **Dive Theory Exam**

#### Day 6 – Saturday

- **Open Water Presentation #2**
- *CESA Workshop*
- *DSD Workshop*
- **Knowledge Development Presentation #3**
- *4E's Counselling Workshop #2*
- *Duty of Care Workshop*
- **Dive Theory Exam**

#### Day 7 – Sunday

- Underwater Naturalist Specialty Instructor Course
- *Adventures in Diving Workshop*
- *Underwater Naturalist Dive*
- IE Briefing & Program Debrief
- **Dive Theory Exam**

*Please bear in mind that this schedule is a guide and will quite probably change as we go through the program. Flexibility is one of the keys to being a great dive instructor!*

## Frog Dive Willoughby Instructor Development Pricing 2010

Emergency First Response Instructor Course	\$595.00
EFR First Aid at Work Instructor Course	\$335.00
EFR Instructor + EFR First Aid at Work Instructor Course (combine)	\$825.00

*Please Note: Above courses included Application Fees and Instructor Materials. EFR Instructor Course includes EFR Instructor Start Up Pack.*

PADI Assistant Instructor Course	\$945.00
PADI Open Water Scuba Instructor Program	\$1295.00
<b>PADI Instructor Development Course</b>	<b>\$2150.00</b>

*Please Note:*

- *Candidates require materials listed on the "IDC Required & Recommended Materials List"*
- *PADI eLearning Access Pass included in AI Course and IDC prices*
- *PADI Application Fees are included in the above prices*

### SPECIAL OFFER:

*Complete a PADI Instructor Development Course and EFR Instructor Course with us & receive a bonus PADI Emergency Oxygen Provider Specialty Instructor course (excludes Application Fee)*

### PADI Specialty Instructor Training Courses

• AWARE – Fish Identification Instructor	\$250.00
• Deep Diver Instructor	\$345.00
• Digital Underwater Photographer Instructor	\$250.00
• Emergency Oxygen Provider Instructor	\$225.00
• Enriched Air Instructor	\$275.00
• Equipment Specialist Instructor	\$225.00
• Underwater Naturalist Instructor	\$250.00
• Wreck Diver Instructor	\$345.00

*Please Note: All prices above include appropriate Instructor Guide. PADI Application Fees are not included. Other specialties available - please contact for more information.*

### PADI Deep + Enriched Air Instructor Package (with free Gas Blender course) \$545.00

*Please note: Price includes Instructor materials. PADI Application Fees are not included. Free PADI TecRec Enriched Air Gas Blender Course is included, including student manual)*

### PADI MSDT Preparation Package \$895.00

- Consists of 5 specialties (Deep Diver, Enriched Air, Equipment Specialist, SMB Diver, Underwater Navigator)

*The MSDT Package Includes the DVD – Conducting & Marketing PADI Specialty Courses. PADI Specialty Instructor Application fees and the MSDT Application Fee are not included.*

### PADI IDC Staff Instructor \$895.00

*Please Note: This price includes the Confined Water and Open Water Evaluation Slates and PADI Application Fees not included.*

### DAN Instructor Training Courses

• DAN Oxygen Instructor Level 1	\$TBA
• DAN Oxygen Instructor Level 2	\$TBA
• DAN First Aid for Hazardous Marine Life Injuries Instructor	\$TBA

*Please Note: All prices above include appropriate Instructor Materials and DAN Instructor registration fees. DAN Membership is not included*

## **Frog Dive Willoughby Instructor Development Schedule 2010**

### ***Instructor Development Courses***

- 14, 15, 16, 22, 23, 29, 30 May (part-time program)
- 11-17 October (fulltime program)

### ***EFR Instructor Courses***

- 24-25 April
- 4-5 September
- 19-20 October

Please see our website at [www.DivingIDC.com/frogdive](http://www.DivingIDC.com/frogdive) for more information on course schedules.

**Frog Dive Willoughby**  
539 Willoughby Road  
Willoughby NSW 2068

Phone: (02) 9958 5699

Fax: (02) 9958 4330

Email: [willoughby@frogdive.com.au](mailto:willoughby@frogdive.com.au)

[www.FrogDive.com.au](http://www.FrogDive.com.au)